

Billie Jean King's Eye Coach

Homeschool P.E. Ball-Striking Program for Grades K-12



1

INTRODUCTORY HIGHLIGHT VIDEO (6 minutes):

What you need to see first

"There is a little ball-striking pro in all of us – it is in our DNA."

[Watch the Video](#)

2

TRAINING MANUAL:

What you need to know

Full program index with useful tools and information.

[Download the Training Manual](#)

3

DAILY LESSON PLANS:

What you need to have

Specific instructions on how to manage and deliver the entire program. Works in combination with the training videos.

[Download the Lesson Plans](#)

4

TEACHER/PARENT SURVEY:

What you need to do

After two to three classes, please fill out the questionnaire with your feedback and share your personal thoughts on the program.

[Fill Out the Survey](#)